

Mental Health (Care & Treatment) Scotland Act 2003

Make Your Choice Named Person

What is a named person?

A named person is someone you nominate to act on your behalf in relation to your care and treatment. They can also act independently without your consent.

What they do?

They will act on your behalf and they will be kept informed about your care and treatment under the new Act. They can attend and also make appeals to the new tribunals under the Act.

Who can you choose

You may choose a carer or a relative as your Named Person but you can choose someone else if you prefer, as long as they are aged 16 years or over. You can also state who you do not want to be involved in decisions about your care and treatment.

How to nominate

You can nominate anyone you want to be your Named Person but they should be someone who has your best interests at heart. They also must agree to act as your Named Person. Your nomination must be signed by you and signed & dated by a witness (usually someone qualified in health or social work). You can pick up a nomination form from mental health services or the Mental Health Advocacy Project. You can get more information from those involved in your care or contact MHAP. You should keep a copy yourself and send copies to:

- hospital medical records
- your GP
- anyone else you think should have a copy



...Services for you, influenced by you...

Mental Health Advocacy Project (West Lothian) SCIO
Mental Health Resource Centre, Strathbrock Partnership Centre, 189a West Main Street,
Broxburn, West Lothian, EH52 5LH
T: (01506) 857230 F: (01506) 852954 e: admin@mhap.org.uk
Mental Health Advocacy Project (West Lothian) is a Scottish Charitable Incorporated Organisation
Charity No. SC011560

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