

## RAISING AWARENESS/INFORMATION SHARING

In order to raise awareness and share information, MHAP attended the following events:

- Information event at Bathgate Jobcentre
- SDS Roadshow
- Presentation for Mood project
- Mental Health Day
- CAB & Welfare Advice Shop
- HMP Addiewell information day

## TRAINING, CONFERENCES & FORUMS ATTENDED

- ◇ Adult Support and Protection Training, West Lothian Council
- ◇ Project Review Day
- ◇ First Aid at Work Training, St Andrews Ambulance Service
- ◇ Families at Risk Training, SIAA
- ◇ Advocacy and SDS Training, SIAA
- ◇ Lothian Peer Collective Event, Lothian Recovery Network
- ◇ Sense of Belonging Event, Lothian Model, NHS Stakeholder Event
- ◇ Lothian Independent Advocacy Training Network, LIAPG
- ◇ Celebrating Success Event, West Lothian Council
- ◇ Inequality and the 1% conference, Economic Social Research Council (ESRC)
- ◇ Ethical practice for Research Training, Edinburgh University
- ◇ Interviewing Skills Training, Edinburgh University
- ◇ Gypsy Travellers Awareness Raising Training, MEECOP
- ◇ HMP Addiewell Induction Training, HMP Addiewell
- ◇ HMP Advocacy Forum, SIAA
- ◇ Universal Credit Seminar, West Lothian Council Advice Shop
- ◇ Mental Health Act Tribunal Training, NHS Lothian
- ◇ Forensic Training, Carstairs Hospital
- ◇ Advocacy Reference Group Forum, Mental Health Tribunal Services
- ◇ Sexually Motivated Murder Presentation, NHS Lothian
- ◇ Equality Forum, West Lothian Council
- ◇ SDS Roadshow Event

### STAFF TEAM 14/15

Kathy Hamilton, Project Co-ordinator  
Julia McCafferty, Senior Advocacy Worker  
Karen Campbell, Senior Advocacy Worker  
Hazel Gowrie, Advocacy Worker  
James Austin, Advocacy Worker  
Jenny Cole, Advocacy Worker  
Evelyn Cook, Distress Tolerance Advocacy Worker  
Fiona Angus, Administrator

We would like to thank the following people for volunteering their time to the project:

|                   |                       |
|-------------------|-----------------------|
| Noirin MacMorran  | Chair—MC              |
| Karen Currie      | MC Honorary Treasurer |
| Anne McCabe       | MC Member             |
| Evelyn Whitefield | MC Member             |
| Marlyn Brandon    | Volunteer             |
| Brian Nisbet      | MC Member             |
| Norma Gray        | MC Member             |
| Kenny Macleod     | MC Member             |
| John Nisbet       | MC Member             |
| Garry Logue       | MC Member             |
| Peter Gilmour     | MC Member             |
| Ian Keith         | Secretary—MC          |
| Tom Evans         | Volunteer             |
| Jim Watson        | MC and Volunteer      |
| Marcus Woods      | Volunteer             |
| Gayle Collins     | Volunteer             |
| Michael Boyce     | Volunteer             |
| Shona Docherty    | Volunteer             |
| Hugh Sutherland   | Volunteer             |
| Aileen McGilvary  | Volunteer             |
| Jane Hornby       | Volunteer             |

### ANNUAL ACCOUNTS 2014/15

| Income          | £          |
|-----------------|------------|
| Core Funding    | 234691.00* |
| Donation        | 39.00      |
| Interest        | 32.00      |
| TOTAL           | 234762.00  |
| Expenditure     | £          |
| Staff Costs     | 180216.00  |
| Property Costs  | 1811.00    |
| Volunteer Costs | 5164.00    |
| Admin Costs     | 17535.00   |
| TOTAL           | 204726.00  |

\* Core funding includes £23000 of 2015-16 funding due to the accounts running to May 2015 on account of MHAP's change of legal status to Scottish Charitable Incorporated Organisation.

Funded by West Lothian Council and NHS Lothian



## Mental Health Advocacy Project (West Lothian)

### Annual Report 2014/2015

...Services for you,  
influenced by you...

Mental Health Advocacy Project (West Lothian)  
Mental Health Resource Centre  
Strathbrock Partnership Centre  
189a West Main Street  
BROXBURN  
West Lothian  
EH52 5LH

Tel: 01506 857230  
Fax: 01506 852954

Email: [admin@mhap.org.uk](mailto:admin@mhap.org.uk)

Registered as a Charity in Scotland No.SC011560



## MANAGEMENT COMMITTEE REPORT Chair's Report

The most significant event of this year for MHAP was the news that the provision of advocacy in West Lothian was being put out to tender by West Lothian Council and NHS Lothian for funding which had previously been awarded through a grant process. The decision to tender the service was announced in July 2014 by West Lothian Council and the process ran until its conclusion in January 2015.

Thankfully MHAP won the contract and I am pleased to report that additional funding was provided as part of the process for MHAP to develop services to include addictions work. This new way of working changes our relationship with our funders as service delivery will now be subject to a 3 year contract, however we anticipate that the delivery of our service will remain as before as no major changes were needed to secure the contract.

In June 2014 the Management Committee took the decision to apply to OSCR to change the legal status of the organisation from an unincorporated organisation to become a Scottish Incorporated Charitable Organisation. This will reduce Management Committee members personal liability and safeguard members as we have almost doubled in size over five years. This change was undertaken at the same time as the tender which was unfortunate as the two changes between them consumed much of the work of the organisation for over six months. However I am pleased to report that both these developments had positive outcomes, with MHAP secured for three years with a new service level agreement and our successful SCIO application. From the 12<sup>th</sup> May 2015 MHAP will be registered and known as the Mental Health Advocacy Project (West Lothian) SCIO.

With the additional funding provided to extend advocacy to provide an addictions service MHAP will have the resources to develop an additional part time post. The recruitment process for this new post started in March 2015. We were also pleased that Distress Tolerance Funding was extended from April 2014 until March 2015 with a further continuation confirmed until March 2016.

In March 2015, NHS Lothian extended our funding for HMP Addiewell and Welfare Reform. We are delighted to be able to continue with our work in these areas for a further 2 years.

We were all sad to see James Austin leave the organisation in August 2014 and wished him well as he returned to the Birmingham area to join his new wife. However, we were delighted that Jenny Cole moved from Distress Tolerance work into Individual Advocacy although this left a vacancy in Distress Tolerance. Evelyn Cook was recruited in September 2014 as the new Distress Tolerance worker and she has become another very valuable member of our staff team. Evelyn is combining her Distress Tolerance work here in advocacy with her Phd in Education which involves the study of armed forces children.

The Management Committee, the staff team and volunteers at MHAP carried on with business as usual over what has been an unsettling and quite difficult year and once again our achievements should not go unrecognised. As Chair, I want to thank all involved with MHAP for the extra mile you have all gone to keep up with demand and quality of provision through this testing year.

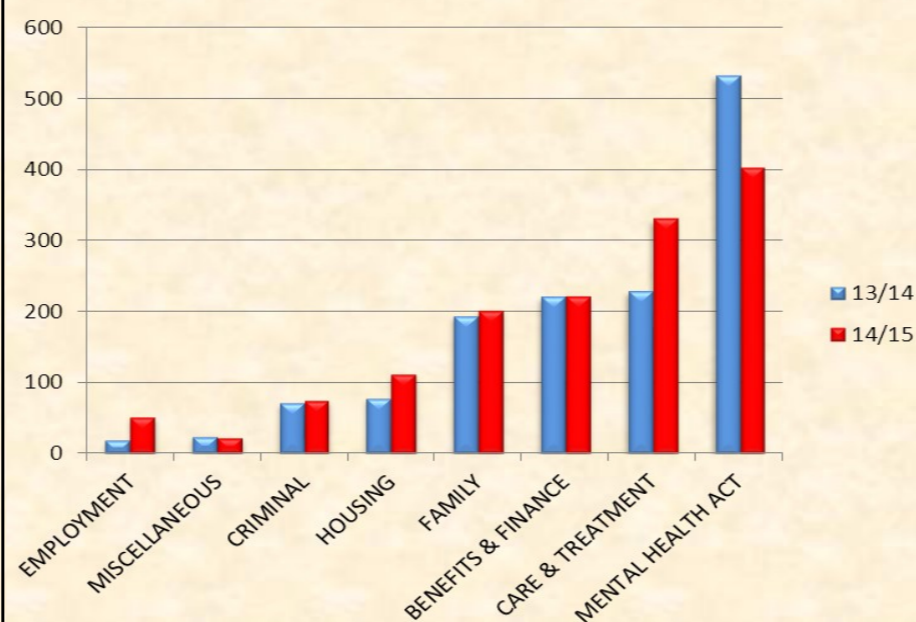
Noirin MacMorran

## OUTPUTS 2014/15

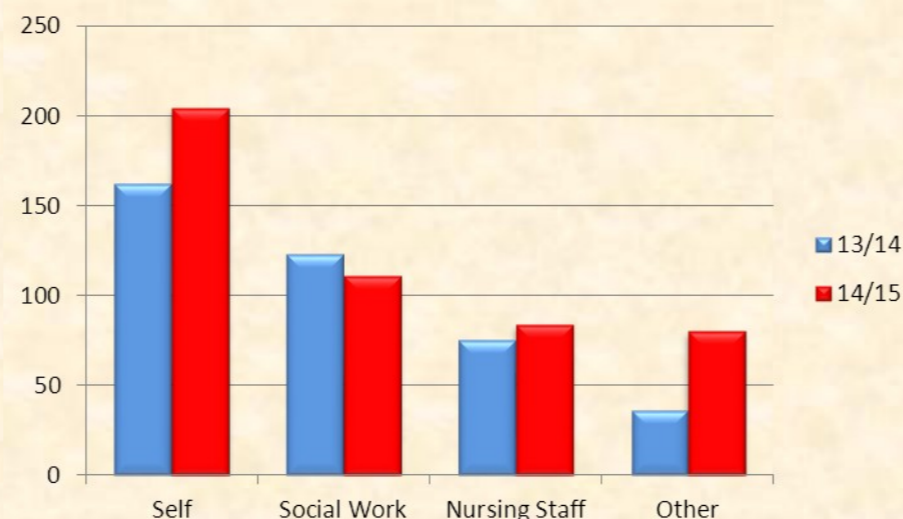
### BREAKDOWN OF INDIVIDUAL ADVOCACY

|                                                  | 14/15 | 13/14 |
|--------------------------------------------------|-------|-------|
| Total number of individual appointments          | 1412  | 1363  |
| Total number of individuals                      | 479   | 370   |
| Individuals carried forward 13/14 into 14/15     | 78    | 50    |
| Total number of individuals new to MHAP          | 298   | 249   |
| Total individuals already known to MHAP (return) | 181   | 121   |
| Total number of individuals discharged           | 393   | 318   |

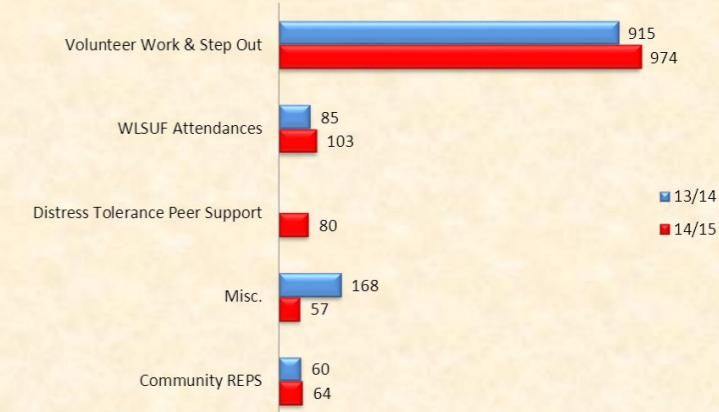
### INDIVIDUAL APPOINTMENTS 2013—2015



### REFERRAL SOURCES



## COLLECTIVE ADVOCACY ATTENDANCES



### Collective and Volunteer activity supported by MHAP this year includes:

At the request of inpatients in ward 1 St Johns Hospital, West Lothian Service Users Forum and the Reps, MHAP requested that Ormiston's Law practice seek a judicial review of NHS Lothian Smoking Policy. Ormiston's advised us that this is already being carried out by another legal practice in Scotland and the outcome will influence how/if Ormiston's can challenge the current NHS Lothian policy.

MHAP continued to support WLSUF to attend the Equality Forum and continued to develop links with West Lothian Council Equality Forum.

We also supported the Reps to carry out a survey of service users' views regarding what activities service users would like to be available for them in West Lothian. Feedback for the survey was gathered and provided to Dave Parks, Community Enterprise, and John McLean, Mental Health Service Manager in the hope that this information will underpin the development of a Mental Health Association in West Lothian.

Service users continued with the Training Medics Programme.

Our volunteer John continued to visit Burngrange, Templar Rise and added Pentland Court to his work, visiting mental health service users in hospital and residential settings.

Marlyn Brandon sustained her work facilitating 2 Step Out groups in West Lothian for people who experience anxiety, depression and phobias and we continued to support the development of 2 Distress Tolerance Peer Support groups, set up originally by Jenny.

### Collective visits to WLSUF and Reps includes:

- Angela Constance (MSP for Almond Valley and Cabinet Secretary for Training Youth and Female Employment, Yes Campaign)
- Caron Lindsay (Editor of Liberal Democrat Voice, Treasurer of Scottish Liberal Democrats, Better Together Campaign)
- John McLean (Manager of Mental Health Community and Rehab Services in West Lothian)
- Jill Derby (Services Development Officer, Social Policy, West Lothian Council)
- Dave Parks (Community Development Worker, Community Enterprise)